

Jesus on trial

Week 4 - Bread of Life

family

disciples

guide

READ
KNOW
ENGAGE
DO
SING

HI FAMILIES

FAMILY DISCIPLESHIP IS KIND OF A BIG DEAL.

The Bible instructs parents to make God front and centre in home life. To teach them at all times of the day about God and his ways (Dt 6:4-7). To show them Jesus and why he is worth following more than anything (Luke 18:15-17). To bring your children up in the training and instruction of the Lord (Eph 6:4). Put simply a parent's primary ministry is to raise their children to be disciples of Jesus.

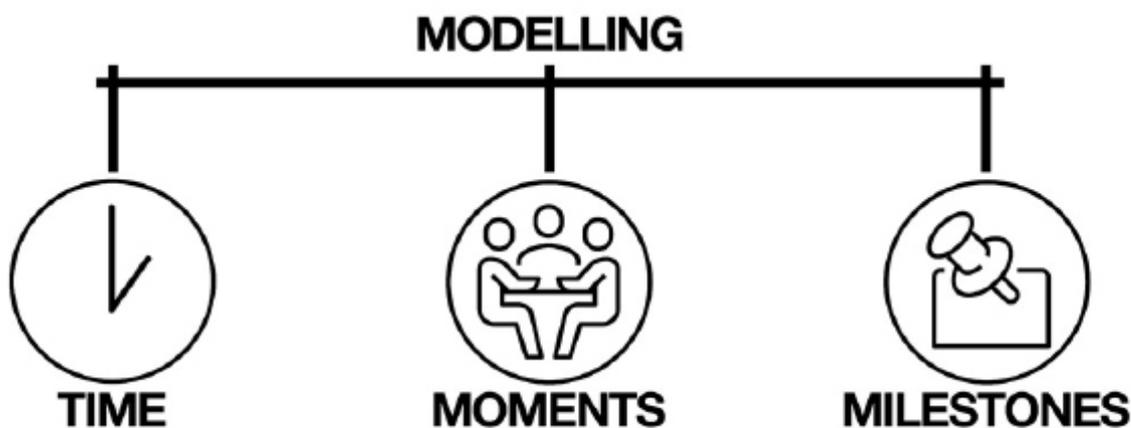
Family Discipleship is the vitally important, yet mostly ordinary spiritual leadership of your family.

Family discipleship has many facets that come together to help God work in the hearts of our children to make them disciples of Jesus. (The following categories are from the excellent book Family Discipleship by Matt Chandler & Adam Griffin – check it out!)

MODELLING

Serving as a godly example for your family, living out your genuine walk with God, and demonstrating true repentance when you fall short.

FAMILY DISCIPLESHIP



Creating intentional time built into the rhythm of the family's life for the purpose of thinking about, talking about, and living out the gospel.

Capturing and leveraging opportunities in the course of everyday life for the purpose of gospel centred conversations.

Marking and making occasions to celebrate and commemorate significant spiritual milestones of God's work in the life of the family and child.

This Family Discipleship Guide is designed to be a tool for parents to use in creating intentional TIME with the family rhythms to dig into God's word and live out our response to what Jesus has done for us.

We've broken the guide in into 5 parts each with its own specific way of engaging the bible passage our church is looking at this week:

READ - read the Bible passage and reflect on what it means for your family.

KNOW - know deeper by engaging in creative family activities.

DO - work out what all the family should do in response to God.

FOLLOW - examine the lives of others who have followed Jesus in the past.

SING - listen to and even sing songs that respond with our hearts to Jesus.

You might like to use these as 5 separate daily devotions, or you might like to group some of the sections together to make a couple of family devotional times but leave yourself room to use other resources you've found elsewhere. Remember these are a collection of tools, not rules, for family discipleship time.

Bread of Life

Date of Sermon

15th May 2022

Bible Reading

John 6:22-40

Big idea

Jesus is the bread of life.

Application

Come to Jesus so you will never be hungry or thirsty.

Kids Big idea

Jesus is the bread of life.

Kids Application

Believe Jesus is all we really need.

READ

As parents, encourage your family to personally reflect on the Bible passage, and what it means for them. Try to guide this so it lands close to the big idea.

Read John 6:1-21 Together

22 The next day the crowd that had stayed on the opposite shore of the lake realized that only one boat had been there, and that Jesus had not entered it with his disciples, but that they had gone away alone. 23 Then some boats from Tiberias landed near the place where the people had eaten the bread after the Lord had given thanks. 24 Once the crowd realized that neither Jesus nor his disciples were there, they got into the boats and went to Capernaum in search of Jesus. 25 When they found him on the other side of the lake, they asked him, "Rabbi, when did you get here?" 26 Jesus answered, "Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. 27 Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval." 28 Then they asked him, "What must we do to do the works God requires?" 29 Jesus answered, "The work of God is this: to believe in the one he has sent." 30 So they asked him, "What sign then will you give that we may see it and believe you? What will you do? 31 Our ancestors ate the manna in the wilderness; as it is written: 'He gave them bread from heaven to eat.'[c]" 32 Jesus said to them, "Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. 33 For the bread of God is the bread that comes down from heaven and gives life to the world." 34 "Sir," they said, "always give us this bread." 35 Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. 36 But as I told you, you have seen me and still you do not believe. 37 All those the Father gives me will come to me, and whoever comes to me I will never drive away. 38 For I have come down from heaven not to do my will but to do the will of him who sent me. 39 And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. 40 For my Father's will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day."

OR Watch & Listen

[YOUTUBE - LUMO - English SN | John 6:1-47](#)

Early Years & Kids

Read John 6:22-40 together as a family.

Or you might want to check out this kid friendly video retelling of the story from John 6:22-70.

Sharefaith Kids - "I Am" The Bread of Life - John 6

<https://www.youtube.com/watch?v=5umSmru3RCg>

(You can stop at 2:28 in the video and then show the next part next week, or you can simply watch all 3 mins both weeks.)



What do you like about this story?

What is confusing about this story?

Who is important in this story? How do you know?

What does this story teach us about Jesus?
Jesus is the bread of life. Jesus is the main thing we need.

Youth

Read John 6:22-40 together as a family.

Who are the characters in this passage?

What are their characteristics?

(Jewish/gentile, male/female, old/young, rich/poor, welcomed/shunned, etc)

Where does this passage take place?

(Nation/city/village/fields/road, etc)

When does this passage take place?

(When in biblical history? Old Testament/New Testament? Pre cross/post cross? Year/time of year/near a significant event? What happens in the previous passage? The next passage?)

What is the duration of time over the passage?

(An hour? A day? A week? Months? Etc)

What happens in this passage?

(Who goes where and does what to who?)

What is said in this passage?

(Are there key words or phrases? Is someone teaching? Are they 'human' words or are they speaking on behalf of God? Is there anything you don't understand?)

Pray

Dear Heavenly Father,

Thank for you for sending Jesus to be our bread of life.

Thank you that when we remain focussed on Jesus we will always be satisfied.

Thank you especially that Jesus gives us eternal life.

Lord help us remain focussed on Jesus and find our true satisfaction in Him.

In Jesus' name,

Amen

KNOW

As parents, encourage your family to know with their head and their hearts what God is teaching you this week.

Early Years & Kids

Watch our own Megan explain about what Jesus means when he says “I am the bread of life”.

Living Church AU - I AM Kids Video Week 2 - The Bread of Life
<https://www.youtube.com/watch?v=RcGZ2QcnM8k>

See if any of your kids can retell the Old Testament story of manna in the desert, like Megan does in the video. The full story is in Exodus 16.

How is Jesus like this bread that comes down from heaven (v. 32-33)?

*Just like manna, Jesus comes from God alone.
He comes from God to give life to the world.*

How is Jesus the bread of life (v.35, 37, 40)?

We can trust that Jesus has taken care of our greatest need – our need for a Saviour. We can trust that Jesus will give us everything we need in every part of life – himself! With Jesus we can be truly satisfied. With Jesus we will have life forever!

How is Jesus as the bread of life different to real bread (v.35)?

With real bread we will be hungry again, but when we stay focussed on Jesus we will always be satisfied.



Youth

Read John 6:22-40 together as a family.

What motivates the characters to act as they do?

(Faith? Love? Fear? Anger? Envy? Insecurity? Command by God?)

Is there any significance to the time or place of the passage that gives meaning to what is happening?

(If it's the NT, are there any OT links and vice versa? Are there similar scenes in other parts of the bible to contrast and compare?)

What is the significance of what happens in the passage?

(What changes as a result of the events of this passage? Is it a personal change? A community change? Are the consequences negative or positive for the different characters?)

Pray

Dear Lord Jesus,

The eyes of all look to You in hope, and You give them what they need. You open Your hand and satisfy the hunger and thirst of every living thing.

We, too, turn to You again, longing to be filled—to eat of the Bread of Life, to drink from Your life-giving streams, to taste Your goodness and live.

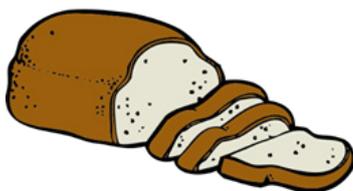
May the time we spend together in Your presence nourish our hearts and minds; may it strengthen our relationship with You, and renew our commitment to live in this world as Your faithful disciples.

For You alone are God, the Source and Sustainer of life.
In Jesus' name, Amen.

ENGAGE

As parents, encourage your family to reflect on the bible passage and the big idea through a creative/active/engaging activity.

Early Years & Kids



Get a slice of bread for each member of the family or growth group.
Get each person to put their favourite spread on top, and then eat it together.
Explain to each other what you like about the bread you are eating.
Explain how your tummy feels after eating the bread. Hopefully you are fully satisfied in your tummy.

Finish by chatting about what it means to be fully satisfied in Jesus, and how this lasts longer than the satisfaction we get from a piece of bread.

Youth

Run the following brainstorming activity as a family or growth group.

Brainstorm things we think we need for us to live awesome lives.
People will come up with some basic human needs, but you might also get things that on the surface seem more selfish (social media, nice clothes, holidays, etc). If you get those things try to drill down to what the actual need is that people are looking to satisfy with that thing (e.g. social media = social connection, nice clothes = a way to express yourself, holidays = restful time in God's creation).

For each of the things you have come up with try to pull out how Jesus is the best way to satisfy these needs, both now and eternally (e.g. social connection = we get an eternal family to be a part of through Jesus, a way to express yourself = Jesus is the one we get our true eternal identity in and therefore the best way for us to express who we are eternally, restful time in God's creation = we can rest now in Jesus, and forever with him in eternity)

Pray

Take turns in putting a small bit of bread in your mouth.
After you have eaten it pray to thank God for Jesus who is the bread of life that always satisfies.



As parents, encourage your family to work out real and practical ways they can respond to God in light of the Bible passage. Land the application in this section.

Whole Family

Pick a meal this week and make sure you have some bread with it.

As you eat the meal take time to talk about what it means to be fully satisfied in Jesus, the bread of life.

Get the rest of the family/growth group to identify one thing that each person loves and are satisfied when they have it or are doing it.

Then get that person to share how that thing doesn't always satisfy (e.g. you can get bored with a toy, the TV show finishes, it can rain when you go to the beach, friends don't always get on, family lets each other down sometimes).

Then reflect as a family when you are focussed on Jesus you can stay satisfied. You can have that satisfaction now, but even more perfectly when we go to be with Jesus for eternity.

Youth

Read or review John 5:1-15 together as a family.

Who do you relate to the most in this passage? Why? How does that make you feel?

What do we learn about God/Jesus from this passage?

What do you think is the 'lesson' of this passage?

What does this passage hold up as a positive example for us to do? What does this passage hold up as negative examples of what not to do?

What does it look like for us to follow (or not follow) the examples set in this passage as children of God who live in the freedom of God's grace?

Pray

Think of things to thank God for that start with each of the letters of BREAD.

(e.g. beach, riding my bike, energy from food, an aunt that love you, dad).

Pray and thank God for each of these things.

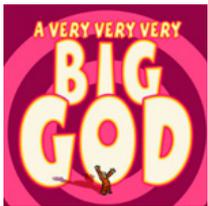
SING

As parents, encourage listen and even sing along together to songs that are a great way of responding with our hearts to what we are growing in together.

Early Years

Have a listen together to 'A Very, Very, Very Big God' by Emu Music. Remind your kids and yourselves that nothing is bigger than our God.

<https://open.spotify.com/track/0AaXWRvGvkGUFcbjoMRotS?si=f2b33449a3b94e68>



Kids

Have a listen together to 'The Greatest Treasure' by Colin Buchanan. Remind your heart that Jesus is truly better than anything else in this world.

<https://open.spotify.com/track/5xg4RRuoryDnr3wVlwdl5f?si=df82e6f1b88241b6>



Also check out our new kids church song TO GOD ALL PRAISE AND GLORY by The Sing Team. Remember God's goodness, and that by obeying him instead of worldly influences, we're giving Him the praise and glory He deserves.

https://www.youtube.com/watch?v=M9KP-VlzCH0&ab_channel=GospelSongRecords



Youth

Check out the song 'Only You Can Satisfy' by Travis Ryan.

Listen to the words and remind your heart that nothing in this world lasts, only Jesus will satisfy us forever.

<https://open.spotify.com/track/6HCKTWfCnw7AeLAREvd060?si=a9b6dcd1d89d4797>

