



Truly Human In Christ.

Family Discipleship Guide
Term 4 2021
Week 5

HI FAMILIES

FAMILY DISCIPLESHIP IS KIND OF A BIG DEAL.

The Bible instructs parents to make God front and centre in home life. To teach them at all times of the day about God and his ways (Dt 6:4-7). To show them Jesus and why he is worth following more than anything (Luke 18:15-17). To bring your children up in the training and instruction of the Lord (Eph 6:4). Put simply a parent's primary ministry is to raise their children to be disciples of Jesus.

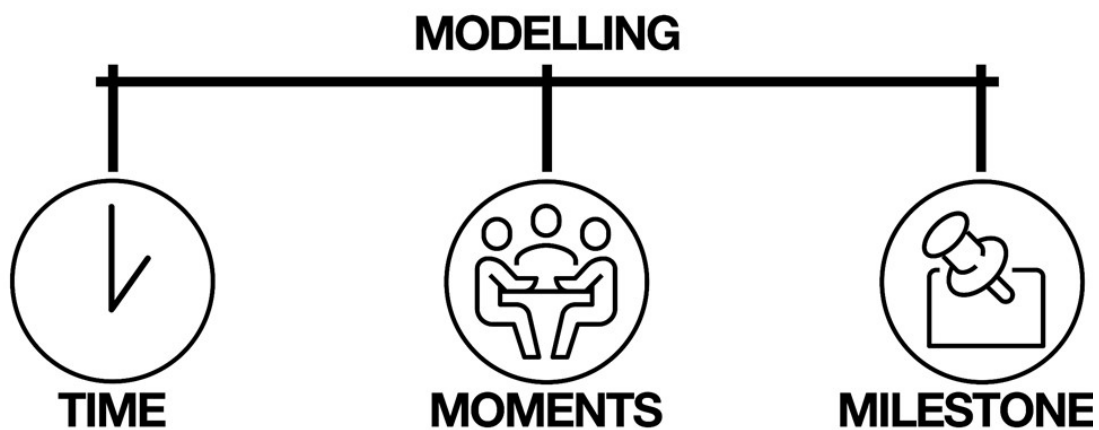
Family Discipleship is the vitally important, yet mostly ordinary spiritual leadership of your family.

Family discipleship has many facets that come together to help God work in the hearts of our children to make them disciples of Jesus. (The following categories are from the excellent book Family Discipleship by Matt Chandler & Adam Griffin – check it out!)

MODELLING

Serving as a godly example for your family, living out your genuine walk with God, and demonstrating true repentance when you fall short.

FAMILY DISCIPLESHIP



Creating intentional time built into the rhythm of the family's life for the purpose of thinking about, talking about, and living out the gospel.

Capturing and leveraging opportunities in the course of everyday life for the purpose of gospel centred conversations.

Marking and making occasions to celebrate and commemorate significant spiritual milestones of God's work in the life of the family and child.

This Family Discipleship Guide is designed to be a tool for parents to use in creating intentional TIME with the family rhythms to dig into God's word and live out our response to what Jesus has done for us.

We've broken the guide in into 5 parts each with its own specific way of engaging the bible passage our church is looking at this week:

READ – read the Bible passage and reflect on what it means for your family.

KNOW – know deeper by engaging in creative family activities.

ENGAGE – As parents, encourage your family to reflect on the bible passage and the big idea through a creative/active/engaging activity.

DO – work out what all the family should do in response to God.

SING – listen to and even sing songs that respond with our hearts to Jesus.

You might like to use these as 5 separate daily devotions, or you might like to group some of the sections together to make a couple of family devotional times but leave yourself room to use other resources you've found elsewhere. Remember these are a collection of tools, not rules, for family discipleship time.

QUICK VIEW

Date of Sermon

7 November 2021

Bible Reading

Titus 2:11-15

Big idea

In a culture that seeks endless freedom and choice, being truly human in Christ means embracing the true freedom of our God-given limitations and submitting to God's loving rule in our lives.

Application

Live lives that show your freedom from idolatry and embrace your freedom to serve God and others.

Kids Big idea

Being a child of God means you are free to say no to sin and live life the way God wants you to.

Kids Application

Since Jesus gave everything to win you freedom from sin, use your freedom to live God's way.

Key Verse

Titus 2:12

It teaches us to say 'No' to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age

Key Songs

Kids Song [Practice Being Godly - Colin Buchanan](#)



Youth Song [Freedom ft. N'Dambi - Lecrae](#)



Moments

Look for moments through the week where you can see people (either around you or in the family) being enslaved by worldly ideas and sin.

Look also for moments where you see people in the family using their freedom to love and serve God & others, and make sure you praise and encourage them.

Prayer

Heavenly Father,

Thank you for the grace you have given us through Jesus.

Thank you that you have set us free to live in ways that shine for you.

Help us say no to sinful desires.

Help us say yes to godly lives.

In Jesus name,

Amen

READ

As parents, encourage your family to personally reflect on the Bible passage, and what it means for them. Try to guide this so it lands close to the big idea.

READ THE PASSAGE TOGETHER

Titus 2:11-15

11 God's grace has now appeared. By his grace, God offers to save all people. 12 His grace teaches us to say no to godless ways and sinful desires. We must control ourselves. We must do what is right. We must lead godly lives in today's world. 13 That's how we should live as we wait for the blessed hope God has given us. We are waiting for Jesus Christ to appear in his glory. He is our great God and Saviour. 14 He gave himself for us. By doing that, he set us free from all evil. He wanted to make us pure. He wanted us to be his very own people. He wanted us to desire to do what is good.

15 These are the things you should teach. Encourage people and give them hope. Correct them with full authority. Don't let anyone look down on you. (NIRV)

EARLY YEARS

Read Titus 2:11-15 together as a family.

Make up actions for each of the things we are told we should do.

And when the word 'free' is read, do a dance around the room.

KIDS / YOUTH

Grab two different coloured highlighters.

Read Titus 2:11-15 together as a family, and as you go highlight the things we must do in one colour, and the things we must not do in another colour.

And when you get to the word 'free', do a free dance around the room.

PRAY

Heavenly Father,

Thank you for the grace you have given us through Jesus.

Thank you that you have set us free to live in ways that shine for you.

Help us say no to sinful desires.

Help us say yes to godly lives.

In Jesus name,

Amen

KNOW

As parents, encourage your family to know with their head and their hearts what God is teaching you this week.

EARLY YEARS

Ask the kids – imagine there no one to say ‘no’ to you. What would you do?

Read Galatians 5:13

If we love God & people, what sort of things should we not do even if we feel like it?

KIDS / YOUTH

From Titus 2:11-15

How has God’s grace appeared (v.11)?

Jesus died on the cross to save us. That was the moment we see God’s grace perfectly.

If we are free, why would we control ourselves say no to sinful desires (v. 12)?

We do it because we see the free & loving gift of grace that Jesus has given us, and should want to behave the same way?

Why do we do these things while we wait for Jesus to come back (v. 13)?

If we love Jesus, we should want to please him, our God & Saviour, and share his love with the world.

What has Jesus set us free to be in Christ (v. 14)?

We have been set free from slavery to evil so we can be made pure by him. We are free to limit how we behave to good and loving things that show us to be his people.

How does it help us to have people to teach, encourage and correct us?

Paul is encouraging Titus to teach, encourage and correct people in his church. It is good for us to have parents, leaders, and church family to do the same for us. It is hard to do these things on our own.

PRAY

Allocate one verse from Titus 2:11-15 to each family member, and get them to pray in response to that – with thanksgiving, praise, confession or asking for God’s help.

ENGAGE

As parents, encourage your family to reflect on the bible passage and the big idea through a creative/active/engaging activity.

EARLY YEARS & KIDS



Read out these lyrics from the song Let It Go from Frozen.

What is wrong with this sort of freedom?

This sort of freedom is selfish. It means people do whatever they want, even if it hurts others. It is not really freedom, but slavery to sin.

What is the sort of freedom Jesus wants us to have?

Jesus wants us to be free from sin. Jesus wants us to be free to limit our choices so we can love God and love others.

What does that freedom look like in your life?

Explore what this freedom looks like for each member of the family. Start with the adults.

YOUTH

Watch this video ['Freedom in Christ'](#) by FBC Midlothian



What is the war that Jesus has already won?

Jesus has won the war in sin & death on our behalf.

What does it mean that Jesus can give you freedom from bondage, sin, addiction & fear?

Get each member of your family to have a crack at this question. Then read the verse below and have another go.

Read Galatians 5:1

How does this verse help us answer that previous question?

Because of the Jesus' victory, we no longer need to be slaves to sin. In Christ we have all we need to say no to these things, and say yes to a life of love.

PRAY

Get a packet of M&Ms, skittles or similar multi coloured snack. Allocate different colours to different people to pray for.

e.g. red = family, yellow = school friends, brown = church friends, green = missionaries.

Get each family member to take a blind pick and then pray accordingly.

DO

As parents, encourage your family to work out real and practical ways they can respond to God in light of the Bible passage. Land the application in this section.

EARLY YEARS

As you think about Titus 2:11-15, draw pictures together of the things you should do. Also draw pictures of the things we shouldn't do and then put a big line through them.

Put both sets of drawings on the fridge to remind you to do them/not do them during the week.

KIDS

Read Galatians 5:13

(You might also want to look at the activity in the READ section)

Discuss how each member of the family can use the freedom Jesus gives us to serve one another humbly in love

YOUTH

The video we showed in the ENGAGE section said that through Jesus we can live lives of victory, truth, love, service and forgiveness.

Read Galatians 5:13

(You might also want to look at the activity in the READ section)

Discuss how each member of the family can use the freedom God gives us to live lives of:

VICTORY

TRUTH

LOVE

SERVICE

FORGIVENESS

PRAY

Dear Heavenly Father,

Thank you for Jesus, who has set us free from sin & death.

Lord we are sorry when we become slaves to sin again.

Help us use the freedom you have given us to serve others in love.

In Jesus name,

Amen

SING

As parents, encourage listen and even sing along together to songs that are a great way of responding with our hearts to what we are growing in together.

EARLY YEARS, KIDS

[Practice Being Godly - Colin Buchanan](#)

My brothers and sisters, you were chosen to be free. But don't use your freedom as an excuse to live under the power of sin. Instead, serve one another in love.

Galatians 5:13



YOUTH

[Freedom ft. N'Dambi - Lecrae](#)

While you watch look over the lyrics
<https://genius.com/Lecrae-freedom-lyrics>

Have a discussion about why all the freedoms discussed here are not really freedom, but slavery.



PRAY

Make a list of the things Jesus has set you free from (e.g. sin, death, slavery to the things of the world, pressure to perform, fear of the future)

Write each one on a piece of paper, and then do a lucky dip to work out what each family member will praise God for in prayer.

