



SALT OF THE WORLD

FAMILY DISCIPLESHIP GUIDE

WEEK 1

FAMILY DISCIPLESHIP IS KIND OF A BIG DEAL.

The Bible instructs parents to make God front and centre in home life. To teach them at all times of the day about God and his ways (Dt 6:4-7). To show them Jesus and why he is worth following more than anything (Luke 18:15-17). To bring your children up in the training and instruction of the Lord (Eph 6:4). Put simply a parent's primary ministry is to raise their children to be disciples of Jesus.

Family Discipleship is the vitally important, yet mostly ordinary spiritual leadership of your family.

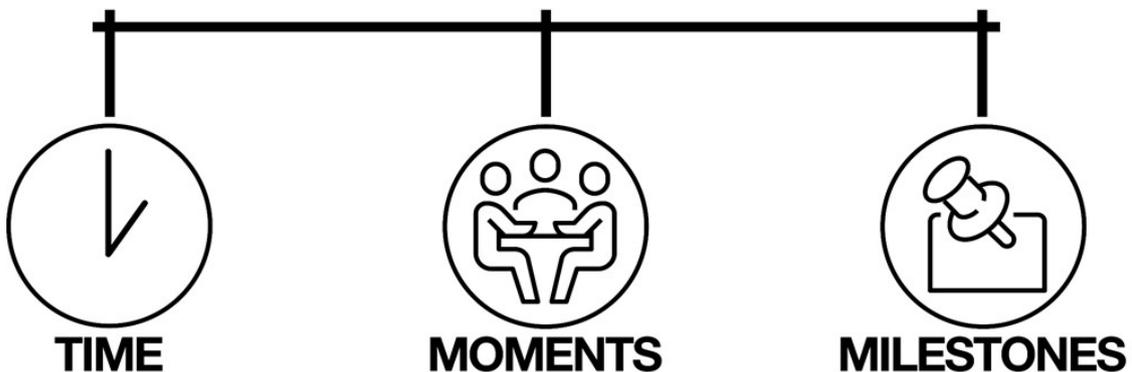
Family discipleship has many facets that come together to help God work in the hearts of our children to make them disciples of Jesus. (The following categories are from the excellent book Family Discipleship by Matt Chandler & Adam Griffin – check it out!)

MODELLING

Serving as a godly example for your family, living out your genuine walk with God, and demonstrating true repentance when you fall short.

FAMILY DISCIPLESHIP

MODELLING



Creating intentional time built into the rhythm of the family's life for the purpose of thinking about, talking about, and living out the gospel.

Capturing and leveraging opportunities in the course of everyday life for the purpose of gospel centred conversations.

Marking and making occasions to celebrate and commemorate significant spiritual milestones of God's work in the life of the family and child.

This Family Discipleship Guide is designed to be a tool for parents to use in creating intentional TIME with the family rhythms to dig into God's word and live out our response to what Jesus has done for us.

We've broken the guide in into 5 parts each with its own specific way of engaging the bible passage our church is looking at this week:

READ - read the Bible passage and reflect on what it means for your family.

KNOW - know deeper by engaging in creative family activities.

DO - work out what all the family should do in response to God.

FOLLOW - examine the lives of others who have followed Jesus in the past.

SING - listen to and even sing songs that respond with our hearts to Jesus.

You might like to use these as 5 separate daily devotions, or you might like to group some of the sections together to make a couple of family devotional times but leave yourself room to use other resources you've found elsewhere. Remember these are a collection of tools, not rules, for family discipleship time.

QUICK VIEW

Date of Sermon

18/07

Bible Reading

Matt 5:1-12

Big idea

To live the 'blessed life' according to Jesus, is to radically reassess our situation and condition and choose to become disenchanted with the world's values and so inhabit the upside-down values of the Kingdom of Heaven.

Application

Radically reassess your situation and condition in light of the Kingdom of Heaven, and choose to become disenchanted with the world's values and so inhabit the upside-down values of the Kingdom. Get ready to look at the deep detail of your life. Rejoice and be glad. Keep learning about God and depending on his grace to live different lives.

Kids Big idea

The kingdom of heaven is where what God wants done is done. Living blessed lives with God as king means what we do and value needs to be different to the world around us.

Kids Application

Keep learning about God and depending on his grace to live different lives.

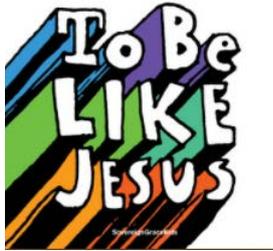
Key Verse

Matt 5:3

Key Song

Kids Song

To Be Like Jesus by Sovereign Grace Music



Youth Song

Yet Not I But Through Christ in Me by CityAlight



Moments

This week point out moments where what the world says is good or successful or 'Blessed' is different from what God wants.

- How do we/you live lives that look like the beatitudes?
- How do we not live lives that look like the beatitudes?

Prayer

Dear God,

Thank you for your Word that we can read to learn more about you. Thank you that it also shows us how you want us to live. Jesus teaches us that living a life according to God's values and kingdom is very different to one which the world says is 'good'. Through your Holy Spirit help us to follow Jesus and live lives that look different from the world around us. Amen

READ

As parents, encourage your family to personally reflect on the Bible passage, and what it means for them. Try to guide this so it lands close to the big idea.

EARLY YEARS

Watch God's Story: Sermon on the Mount up till 1:34.



OR

Read Jesus storybook Bible version of beatitudes (Jesus' Teaching)

KIDS

What does being blessed mean?

What do most people at your school think it means to be blessed?

Read Matt 5:1-12 (NIRV Version)

What does Jesus say about what it means to be blessed?

For each of the beatitudes answer the following questions:

- What is it saying?
- What surprises you about it?
- What questions do you have?

YOUTH

What do people in the world around you think it means to be blessed?

Read passage Matt 5:1-12

How does Jesus' view of what it means to be blessed compare to the world's view?

For each of the beatitudes answer the following questions:

- What is it saying?
- What surprises you about it?
- What questions do you have?

For early years watch this version of the Lord's prayer from the Jesus Storybook Bible by Sally Lloyd Jones.

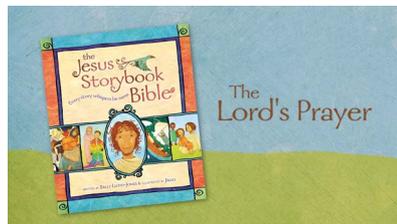
Repeatedly pray this prayer each week of term with your young kids.

For the rest here is a prayer you might pray.

Dear Lord,

Thank you for your Word that we can read to learn more about you. Thank you that it also shows us how you want us to live and be truly blessed. We are sorry for the times when we do not act or speak in ways that honour you. Through your Holy Spirit help our lives to look different from the world around us.

Amen



PRAY

KNOW

As parents, encourage your family to know with their head and their hearts what God is teaching you this week.

EARLY YEARS

Go through each of the beatitudes one by one. Summarise what each one means and draw an emoji for how each one makes them feel.

KIDS

Each day this week you might want to watch a different video from this playlist on each different beatitude.

Blessed are the poor in spirit,
for theirs is the kingdom of heaven

Matthew 5:3



After each video chat about what it means to be truly blessed.

You might want to fill in a table as you go. Draw a line down the middle of a piece of paper. On one side, draw the world's view of being blessed (success, popularity, money) and on the other side, draw Jesus' views of being blessed

YOUTH

Consider the popular hashtag #blessed. Search on this hashtag on your choice of social media.

- When do you normally see it being used? (Maybe even search the on social media)
- How is Jesus' version of #blessed different to the world's version of #blessed?
- What would Jesus' Instagram with #blessed look like?

Dear God,
The teachings of Jesus show us that living a life according to God's values and kingdom is very different to one which the world says is 'good'. Please help us to be people who trust in you and work to live these values out each and every day.
Amen.

PRAY

DO

As parents, encourage your family to work out real and practical ways they can respond to God in light of the Bible passage. Land the application in this section.

EARLY YEARS

Create hand actions or movements for each movement to help you remember all of the beatitudes and to live with God's kingdom values.

E.g. you could rub your stomachs for "hunger and thirst for righteousness"

KIDS

Act out each beatitude first as a person who would live that way, and second as someone who wouldn't live that way.

- In what ways do you live like Jesus?
- In what ways do you live like the world?
- Where do we need grace?
- How does God show us grace when we get it wrong?

YOUTH

Assess your own lives against each beatitude.

- Are you living a life that reflects the upside-down kingdom values?
- Where do we need grace?
- How does God show us grace when we get it wrong?

Pray specifically for each other for God's grace to help us live Jesus' way.

PRAY

FOLLOW

As parents, encourage your family by looking at the lives of people who have followed Jesus throughout history.

EY & KIDS

Have you ever been left out - of a game, or a chat, or a party? It can be hard can't it?

Argula von Grumbach was left out. People didn't want to be her friend - even her family was mean to her. Argula had found out how to be Jesus' friend by reading the Bible. But where she lived in German you could be put in prison - or worse - for even reading the Bible for yourself, so not many people did! One day, a young man who was Jesus' friend was put in prison for reading the Bible. Argula wanted to help him - but what could she do? She asked some men who were Jesus' friends to help. They didn't. What could she do now? She wrote letters - very long letters - to very important people. In her letters she wrote that it was good to be Jesus' friend. In her letters she wrote that it was good to read the Bible. Thousands and thousands of people read her letters. She became very famous. But important people, and even her family, tried to stop her writing letters. They said horrid things about her. They said they would hurt her. And they wouldn't change their minds let people read the Bible.

Argula was left out - but she knew her friend Jesus was with her. Argula was left out but she still stood up for Jesus and his friends. Will you?

- What did Argula think of Jesus & the Bible?
- What did many other people think of Argula?
- How did Argula live out God's upside-down kingdom values?

YOUTH

As a teenager, it can be hard to be a Christian. There's all kinds of pressures facing us, and holding onto God can be really tough. For Farah, from the Middle East, her faith in Jesus is shared by her family, but being a Christian has had some severe consequences for them. Watch Farah's story.



Discuss as a family how, according to Jesus, Farah is truly blessed.

Dear Father,
Jesus is our ultimate and perfect example of how we should live our lives for you. Help us to be more and more like Him each day. We thank you for the many people throughout history and in our own lives who are also examples to us and who help us to live upside-down kingdom lives. *Pray for specific people in your life who are an example of how to follow Jesus and be friends with him*.
Amen.

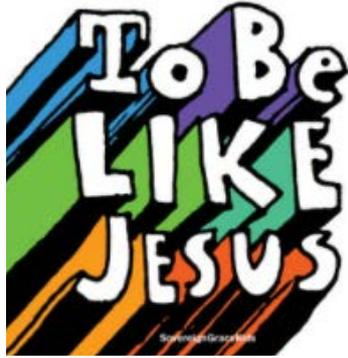
PRAY

SING

As parents, encourage listen and even sing along together to songs that are a great way of responding with our hearts to what we are growing in together.

EY & KDIS

To Be Like Jesus by Sovereign Grace Music



YOUTH

The Blessing Australia



Dear Lord,
Thank you that through singing, we can praise you and be reminded of your truth. With your Holy Spirit, help us to follow Jesus and live lives like him. Even when the world says something different, help us to hold tightly to your kingdom values.
Amen.

PRAY