



UNDERSTANDING JESUS AND WHO WE ARE IN HIM

**FAMILY DISCIPLESHIP GUIDE
TERM 1 2021 WEEK 4
KING OVER CREATION**

HI FAMILIES!

Family Discipleship is kind of a big deal. Deuteronomy 6:4-7 instructs parents to make God front and centre in home life; talking with children, impressing upon them and working with them at all times of the day and night. Put simply a parent's primary ministry is to raise their children to be disciples of Jesus.

For some of you it's already a regular part of the rhythm of your family's week; keep up the good work. Some of you will feel like you could be doing better; keep on trying, practice builds confidence and competence. And some of you feel overwhelmed and don't know where to start; that's ok, your church family is here to help.

Our prayer is that this Family Discipleship Guide will give you some helpful tools in developing a weekly rhythm of discipleship practices to help you and your family to grow together in love and service of God.

We've broken the guide in into 5 parts each with its own specific way of engaging the bible passage that week:

REFLECT encourages family members to reflect on the bible passage and what it means to them.

REACT engages your emotions and helps bringing those reactions before God.

RELATE encourages families to share honestly, and listen deeply to how one another are growing as disciples.

RESPOND helps families to work out real and practical ways they can respond to God in light of the weekly bible passage.

REVIEW encourages families to review the bible passage for the week and engage with it in a different way.

You might like to use these as 5 separate daily devotions, OR you might like to group some of the sections together to make a couple of family devotional times but leave yourself room to use other resources you've found elsewhere. Remember these are a collection of tools, not rules, for family discipleship.

Don't forget to show us how your family are discipling one another by sharing your photos and reflections on our social media pages with the hashtag #WeAreLivingChurch.

DATE

Sunday 21st Feb 2021

BIBLE READING

Mark 6:30-56

BIG IDEA

We can have courage and peace in the midst of a chaotic and fearful world because, in Jesus, we see God the Creator come to deliver us, by bringing the chaos of the world under his rule.

KIDS BIG IDEA

In Jesus we see God the creator come to deliver us by showing his power over the wind and waves.

KIDS APPLICATION

When the world around us is anxious we can be confident know that Jesus who rules it all is walking with us.

KEY VERSE

Mark 6:50

“They all saw him and were terrified. Right away Jesus said to them, “Be brave! It is I. Don’t be afraid.””

QUICK VIEW

We can have courage and peace in the midst of a chaotic and fearful world because, in Jesus, we see God the Creator come to deliver us, by bringing the chaos of the world under his rule. So when the world around us is anxious, we can be confident and know that Jesus who rules it all is walking with us.

MOMENTS

There are lots of times in life when life can feel out of our control, take some time this week in those moments to reflect on the comfort that comes from knowing God is in control. He loves us, and wants us to trust him.

PRAYER

Dear God, We are sorry for the times when we do not trust in you. Help us to remember that you are powerful and in control. Help us to praise you and live for you each day, because you are worthy. Amen

KEY SONG

Youtube: Jesus, Strong and Kind (feat. Colin Buchanan) - CityAlight



REFLECT

As parents, encourage your family to personally reflect on the Bible passage, and what it means for them. Try to guide this so it lands close to the big idea.

EARLY YEARS

Act out the bible story as you read through Mark 6:30-56 together. Use a sheet or towel as the waves and get the kids to act as the disciples (scared/amazed) .

What does this story tell us about who Jesus is and what he can do?

KIDS

Read Mark 6:30-56 together. Talk about the weather.

What is your favourite weather?

Have you ever managed to make it happen the way you like? (ie. Turn the aircon on really cold or spray sprinkler in air to make it rain).

How successful were you?

How successful was Jesus in controlling the weather?

What does this tell us about who he is?

YOUTH

Read through Mark 6:30-56 together.

Discuss what is encouraging and what is challenging about it.

Reflect on what this story tells us about who Jesus is.

PRAY

Dear God,
Thank you for your word and stories like this that reveal to us more about your Son Jesus. Thank you that he is powerful over all things including creation. Help us to use this knowledge to trust in him more. Amen

REACT

As parents, encourage your family to see how they are reacting emotionally to the Bible passage. Engage emotionally and bring it before God.

EARLY YEARS

After reading or reviewing Mark 6:30-56.

Talk about the weather.

What is your favourite weather?

Do you like storms or do you get a bit scared by them?

Do you think the disciples were scared of the storm?

Why was Jesus not afraid?

Because he is powerful and has control over creation

KIDS

Draw a picture of the story from Mark 6:30-56.

What expressions do the disciples on the boat have?

How would you feel if you were one of the disciples on the boat?

Why was Jesus not afraid?

Because he is powerful and has control over creation

YOUTH

Together read or review Mark 6:30-56.

Do you think you would have acted like the disciples on the boat? Why or why not?

Are there times in your life today where you act like the disciples even though you know Jesus is more powerful? Why do you do this?

How can we keep remembering the truth that Jesus will hold us safe when we are scared or anxious?

PRAY

Dear Father, Thank you that this story shows us how powerful you are. Help us to not be like the disciples when we are scared but rather trust in you with courage knowing who you are and what you have done for us. Thank you that we can be sure of our salvation. Help us to hold firm to your truth always. Amen.

RELATE

As parents, encourage your family to share honestly, and listen deeply to how one another are growing as disciples. Parents it will be important for you to model honesty and vulnerability as you answer these questions, so your kids know they can do the same. Allow time for everyone to reflect and answer each question openly and honestly. Make sure you listen well to one another, and pray from the heart.

FAMILIES

Remind one another of Jesus faithfulness and power in Mark 6:30-56.

Share about a time when you didn't feel like you had control?

What did you do, how did you respond to that situation?

PRAY

Pray about the time you didn't feel like you were in control. Thank God for helping you to trust in him. Apologise for the times when you didn't. Ask him to help you remain steady, knowing that all things are in his power and control.

RESPOND

As parents, encourage your family to work out real and practical ways they can respond to God in light of the Bible passage. Land the application in this section.

EARLY YEARS

Together read or review Mark 6:30-56. Talk about some of the things we can be scared of (storms, spiders, our friends being mean).

Why should we trust Jesus when we are scared?

Listen to or Sing 'Be Strong and Courageous' by Colin Buchanan together.



Youtube: Be Strong and Courageous - Colin Buchanan

KIDS

What things do you find stressful or scary? How does Mark 6:30-56 encourage us to be brave?

What does being brave, even when we are scared look like?

Trusting that Jesus knows what he is doing, that he loves us, that he takes care of us, that he is powerful and in control.

Listen to or Sing 'Jesus, Strong and Kind'



Youtube: Jesus, Strong and Kind (feat. Colin Buchanan) - CityAlight

YOUTH

Watch the music video "In Control" by Hillsong Worship and reflect on the words.

Why should we put our faith and trust in Christ?

What does this look like?



Youtube: In Control - Hillsong

PRAY

Lord, as creator and saviour, you are worthy to be praised. You hold us safe and you are in control over all things. You have power over everything. Thank you that we can come to you when we are scared. Please help us to be brave and to trust in you through your spirit. Amen

REVIEW

As parents, encourage your family to review the Bible passage for the week. This section tries to find a way to engage with the passage in a different way.

EARLY YEARS

Read Mark 6:30-56 out loud again.

Why is Jesus so amazing?

KIDS

Read Mark 6:30-56 out loud again.

What things do you like about this story?

How does it encourage us to trust in Jesus more?

YOUTH

Look back at Genesis 1 and how God brings order out of chaos.

How does Jesus do the same in Mark 6:30-56?

How can we be reassured, or take heart from this passage?

PRAY

Dear God, We are sorry for the times when we do not trust in you. Help us to remember that you are powerful and in control. Help us to praise you and live for you each day, because you are worthy. Amen