

BIG IDEA (KNOW THIS)

Don't upset the Holy Spirit who lives in you by mistreating God's family.

APPLICATION (LIVE LIKE THIS)

Don't mistreat God's family. Stop and think about how our words and actions can build others up.

W2. HEALTHY RELATIONSHIPS

MINIES

MEMORY VERSE

You are the children that God dearly loves. So follow his example. Lead a life of love, just as Christ did.

- Ephesians 5:1&2a

BIBLE BITS

Ephesians 4:25-32

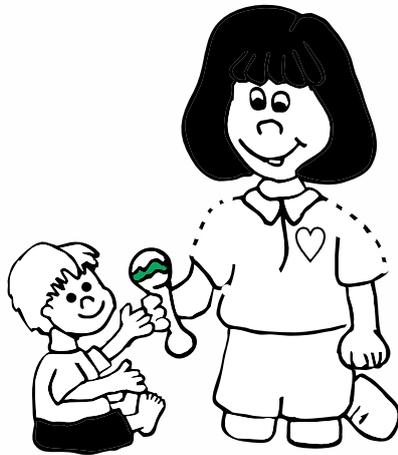
QUESTIONS

1. If what we 'DO' doesn't save us, why is what we do important?

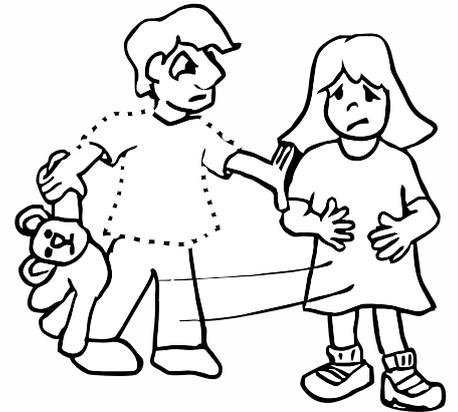
2. When have your words or actions hurt someone?

3. What are some ways we can make sure we live the way God wants?

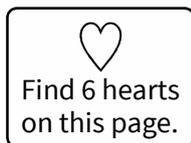
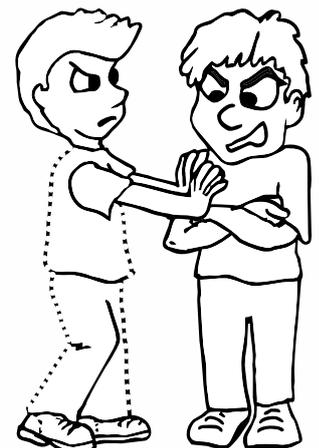
Our words and actions should be...



**kind
not
mean**



**forgiving
not
angry**



Ephesians 4:25-32

²⁵ So each of you must get rid of your lying. Speak the truth to your neighbor. We are all parts of one body. ²⁶ Scripture says, “When you are angry, do not sin.” ([Psalm 4:4](#)) Do not let the sun go down while you are still angry. ²⁷ Don’t give the devil a chance. ²⁸ Anyone who has been stealing must never steal again. Instead, they must work. They must do something useful with their own hands. Then they will have something to give to people in need.

²⁹ Don’t let any evil talk come out of your mouths. Say only what will help to build others up and meet their needs. Then what you say will help those who listen. ³⁰ Do not make God’s Holy Spirit mourn. The Holy Spirit is the proof that you belong to God. And the Spirit is the proof that God will set you completely free. ³¹ Get rid of all hard feelings, anger and rage. Stop all fighting and lying. Don’t have anything to do with any kind of hatred. ³² Be kind and tender to one another. Forgive one another, just as God forgave you because of what Christ has done.