

BIG IDEA (KNOW THIS)

Just like the Psalmist, we can share our fears and frustrations with God and know he hears us.

APPLICATION (LOVE LIKE THIS)

Share your fears and frustrations with God and trust that he loves and hears you, even if his plan is different from yours.

PSALM 42&43

KEY VERSE Why, my soul, are *you downcast?* Why so disturbed within me? Put your hope in God. for I will yet praise him. my Saviour and my God - Psalm 42:10

QUESTIONS

1. What does this psalm teach us about what God is like?

2. What does this psalm teach us about what people are like?

3. How does knowing Jesus help us understand this psalm?

4. What, with God's help, do you need to change about how you act, after reading this psalm?





