



BIG IDEA (KNOW THIS)

We can rest assured knowing God is the one who keeps us safe even if the whole world falls apart.

APPLICATION (LOVE LIKE THIS)

When you worry, take time to remember:
-God is strong,
-God is King, &
-God has beaten sin and death.

PSALM 46: CONFIDENCE IN GOD'S PRESENCE MINIES

KEY VERSE

He says, "Be still and know that I am God, I will be honoured among the nations, I will be honoured in the earth."

- Psalm 46:10

QUESTIONS

1. What does this psalm teach us about what God is like?
2. What does this psalm teach us about what people are like?
3. How does knowing Jesus help us understand this psalm?
4. What, with God's help, do you need to change about how you act, after reading this psalm?

When you worry, take time to remember:

God is STRONG

God is KING

God has BEATEN SIN AND DEATH

Read each sentence. Draw a line to match each picture with its sentence.

When you worry, take time to remember:

***God is STRONG**

***God is KING**

***God has BEATEN SIN AND DEATH**



Colour the pictures
of things you worry about

Draw or write something you worry about.

Finish the person to look
like someone who helps
you when you worry.